***Northeast Counties Association of Psychologists***

***Bergen - Hudson - Passaic Counties, NJ***

Fall Program ***–* Sunday October 18, 2015**

**Self Disclosure in the Therapeutic Encounter Through Different Theoretical Lenses**

*Presenters: Barry Cohen, Ph.D. and Cynthia Radnitz, Ph.D.*

***PROGRAM*:**

Do we self-disclose in the course of our clinical work, and if we do—whether intentional or not—how do we make the determinations about what, why, when and how to present and work with those disclosures?  Sometimes, say in the case of a pregnancy, self-disclosure is inevitable.  But what about those times when it is not? Come join us as we discuss the issue of self-disclosure from different theoretical and clinical perspectives.

***PRESENTERS*:**

Barry Cohen, Ph.D., is a psychologist/psychoanalyst in private practice in New York City as well as in Teaneck, New Jersey.  He serves as a Clinical Consultant for the NYU Postdoctoral Program in Psychotherapy and Psychoanalysis, and is on the Faculty of the Center for Psychotherapy and Psychoanalysis of New Jersey (CPPNJ).  He is the Internet Editor of Division 39 (Psychoanalysis) of the American Psychological Association and has been named Co-Chair of the Division 39 Spring Conference in New York City scheduled for April, 2017.

Cynthia Radnitz, Ph.D. is a certified cognitive therapist, [www.academyofct.org](http://www.academyofct.org/), with over 20 years’ experience practicing cognitive-behavioral therapy (CBT). She has a practice in Rochelle Park, New Jersey, and is a professor on the faculty of Fairleigh Dickinson University where she supervises doctoral students and teaches an advanced CBT course.

***Learning Objectives:***

Participants will be able to:

1.  Gain an understanding of historical perspective on self-disclosure in psychoanalysis

2.  Understand the evolution of the concept of self-disclosure in current psychoanalytic practice

3.  Understand how to integrate the use of self-disclosure as a clinical tool in individual psychotherapy.

4. Understand the broad-based CBT perspective on self-disclosure.

5. Understand the issues which should be considered when determining whether to self-disclose.

6. Become aware of the research on self-disclosure in cognitive-behavioral therapy.

7. Become aware of some examples of the effective use of self-disclosure.

*NCAP’s annual business meeting for members, will be held before the program from 10:30-11:00AM.*

***LOCATION: Cresskill Senior Center*, 38 Spring St., Cresskill, NJ 07676**

10:30 – 11:00AM Annual Business Meeting and Continental Breakfast

11:00 – 1:00PM Program

***NCAP Members – No Charge • Guests $30 • Students $10***

***2 CE credits available for psychologists (additional charge)*: NJPA members *$10.*  NJPA non-members *$*20.**

***RSVP:*** [joangf@hotmail.com](mailto:osna.haller1@verizon.net) ***or 201- 784-0312.***

Refund available only if cancellation received by October 11.

This program is co-sponsored by NJPA and NCAP. NJPA is approved by the American Psychological Association to sponsor continuing education for psychologists. NJPA maintains responsibility for the program and its content. This program qualifies for 2 C.E. credit hours for psychologists. This program is geared for all mental health professionals with an interest in and some basic knowledge in related areas.

***JOIN NCAP:* Dues $50.** [http://northeastnjpsychassoc.org/](http://www.bergencountypsychassoc.org)